



Adamson Adventures

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**Adamson Adventures ACTIVITY RISK ASSESSMENT FORM**

<b>1. Briefly outline the intended activity:</b> Single pitch climbing	<b>2. Date and time of intended activity:</b> Various	<b>3. Location of the intended activity:</b> Single pitch crags
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<b>4. List all the hazards in order of significance.</b>	<b>5. List the groups of people who might be harmed.</b>	<b>6. List the intended control measures with reference to the corresponding hazard.</b>	<b>7. List any intended first aid provisions, fire precautions or other backup arrangements.</b>
Transport	Occupants and public	Use vehicle known to be in good condition Check visually for defects before use Ensure seat belts worn	First aid kit Home contact *
Items (rocks, equipment, people) falling from above	Participants	All under 18s to wear helmets All over 18s to be strongly advised to wear helmets Session leader to wear helmet	First Aid kit. First Aider Home contact * Know location of nearest A&E department
Falling from a height (roped)	Participants	While climbing, to be properly tied in using a well fitted harness Nobody to approach edge without being tied in and suitably anchored	As above
Poor or inadequate belay chain	Participants	All anchors and components in belay chain to be checked by suitably qualified person before use	As above
Inattentive belayer	Participants	Use backup belayers where appropriate Vigilance of session leader Keep all climbers & belayers in sight	As above
Frozen / frightened / gripped climber Stuck limb	Participants	Session leader to remain sensitive Session leader free to climb or otherwise arrange help	As above
Descent route hazards	Participants	Descent route checked for hazards prior to use Clear prior briefing, walk through if necessary	As above
Fall while bouldering	Participants	Limit maximum height Use spotters if appropriate Use good bouldering mats	As above
Abseil device jams or item stuck in device	Participants	Use releasable abseil Check for loose clothing, hair etc prior to abseil	As above
Fall from top of abseil	Participants	Participants to be anchored prior to approaching edge	As above
Poor equipment	Participants	Helmets to be checked and adjusted to fit Harnesses to be checked and adjusted to fit Ropes to be cared for and checked	As above
Group configuration	Participants	Relevant rules ** to be followed regarding group size and instructor ratios	

<b>8. Organiser.</b>	<b>Name [block capitals]:</b>	<b>Position:</b>	<b>Signature:</b>	<b>Last Review Date:</b>
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	D B ADAMSON	Instructor	David Adamson	10 November 2009
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\* A formal Home Contact is usually only used for trips involving an overnight stay. In other circumstances, a list of participants with contact details should be left with a suitable adult who will operate a "Late Back" procedure.

\*\* This refers to rules of the organisation contracting the activity. These could be Local Authority rules, Scouting POR, Guiding Rules etc..